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## Phenolics Total and Antioxidant Activity of Strawberry (*Fragaria chiloensis*)

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**Abstract**— The purpose of this research is to know the total of phenolics and antioxidant activity of Strawberry that grows in the area Alahan Panjang Solok Regency and Padang Panjang city. This research was carried out at the Chemical Laboratory of Agricultural Polytechnic State of Payakumbuh with a long six months time needed. To determine the levels of phenols total used Folin-Ciocalteu method, and as a standard also to be used galat acid, while on antioxidant activity testing used DPPH free radical absorption method. The results of research that methanol extract of Strawberries originally from Alahan Panjang have phenol total 100 mg/100 g of fresh sample and higher than Strawberries originally from Padang Panjang with phenol total 139.2 mg/100 g of fresh sample.

**Keywords**— strawberry; phenolics total; antioxidant activity

### I. INTRODUCTION

This document is a template. An electronic copy can be downloaded from the conference website. For questions on paper guidelines, please contact the conference publications committee as indicated on the conference website. Information about final paper submission is available from the conference website.

Strawberry (*Fragaria chiloensis*) originally an imported fruit, but now strawberries are very familiar in Indonesia. Many farmers are cultivating strawberries and some are merely a hobby at home. Strawberry production in West Sumatra reaches 2,400 tons with a total area harvest 150 acres scattered across in the Alahan Panjang area, Padang Panjang, Batu Sangkar and Bukittinggi [1].

Strawberries have a high nutrient content and edible part of the strawberry reaches 96%. In addition strawberries contain variety of essential nutrients, strawberries contain lycopene, anthocyanin, elagic acid, a phenolic compounds also vitamin C and vitamin E that are potentially as anti carcinogenic. Red on strawberry is the main pigment called anthocyanin [2]. But according to [3], red on strawberries is caused by lycopene substance content in it. The number of active compounds that have characteristic as antioxidants in Strawberry make a well antioxidant network to ward off free radicals.

The function of Anthocyanin is as antioxidants in the body that can prevent the occurrence of hypercholesterolemia [4]. In addition it also relaxes the blood

vessels to prevent atherosclerosis and other cardiovascular diseases [5]. Lycopene plays a role in organizing cholesterol metabolism, by hampering the *HMG-CoA reductase* enzyme actions, which plays a role in the synthesis process of cholesterol in the liver, so it has hypocholesterolemi effect. From the research noted that the daily intake of 40 mg likopen can reduce LDL oxidation [5].

The purpose of this research is to know the total of phenolics and antioxidant activity of Strawberry that grows in the area Alahan Panjang Solok Regency and Padang Panjang city.

### II. MATERIALS AND METHODS

#### A. Time and Place

This research was carried out at the Chemical Laboratory of Agricultural Polytechnic State of Payakumbuh with a long six months' time needed.

#### B. Tools and Materials

The tools used are: Blender, filter paper Whatman No. 1, vaporizer cup, rotary evaporator, digital scales, measuring flasks, plate drops, measuring pipette, micro-pipette, spatel, aluminium foil, oven, desiccator, erlemeyer, watches, vial, measuring cup, funnel, test tubes, magnetic stirrer, UV spectrophotometer set – Vis shimadzu 265.

The materials used are: Strawberries from Alahan Panjang and Padang Panjang, aquabidest acid, methanol, galat acid p.a (Merck), Reagent Folin-Ciocalteu, sodium carbonate p. a.



(Merck), 2,2-diphenyl-1-pikrilhidrazil (DPPH) p. A (Merck), heksan p. a. (Merck), acetone (Merck), methanol, ethanol 96%, vitamin C.

### C. Research Design

The design used was experimental research in vitro laboratory that aim to measure the total phenols and the activities of methanol extracts of Strawberry from two regions, Alahan Panjang Solok Regency and Padang Panjang city.

### D. Research Implementation

To determine the levels of phenols total used Folin-Ciocalteu metode, and as a standard also to be used galat acid, while on antioxidant activity testing used DPPH free radical absorption metode.

### E. Sampling

The sample used is strawberry, which were taken in the area Alahan Panjang Solok Regency and from Padang Panjang City.

### F. Sample Preparation

250 g of fresh strawberries weighed, blender for 3 minutes and then maceration with 250 ml of methanol, while shaken. Do for 3 repetitions then filter by using filter paper whatman No. 1, mixing it with the filtrate. The filtrate is thudded by using a rotary evaporator, so the extracts that can be poured obtained.

### G. Determination of Phenolic Total Content by Folin-Ciocalteu Method Scrambled, h. h., 2006. [6]

From The prime of Galat Acid solution (5 mg/ml), taken by pipette tes 1, 1.5, 2, 2.5, 3, 3.5 ml and to be diluted with aquadest to volume 25 ml. so that the concentration to be resulted are 200, 300, 400, 500, 600, and 700 mg/L galat acid. By each concentration above,taken by pipette tes 0,2 ml added 15.8 ml of aquadest added 1 ml Folin Ciocalteu Reagent and to be shaken. Let it for 8 minutes, add 3 ml of 20% solution of Na<sub>2</sub>CO<sub>3</sub> and shake until homogeneous. Let it for 2 hours at room temperature. Measure the absorption at a maximum wavelength absorption 765 nm, and create its calibration curve the relationship between concentration of galat acid (mg/L) and absorbance.

Sample (Strawberry extract) first diluted with 10 ml of aquadest, then to be taken by pipette test 0,2 ml and 15.8 ml of aquadest added. Then add 1 ml of Folin-Ciocalteu reagent and shaken. Let it for 8 minutes then add 3 ml of 20% Na<sub>2</sub>CO<sub>3</sub> to the mix, let the solution stands for 2 hours at room temperature. Measure its absorption with UV-Vis spectrophotometer at a absorption wavelength maximum 765 nm which will provide complex blue. Do 3 repetitions so that levels of phenols obtained, the result obtained as mg equivalent galat acid/l.

### H. Examination Of Antioxidant Activity [7][8]

10 mg of extract to be weighed, then dissolve in 10 ml of methanol in measurement flask *ad 10 ml*, so, found a concentration of 1 mg/ml, then do the dilution by adding methanol thus samples with concentrations (20,40, 60, 80,100 glow g/ml) obtained.

For the determination of antioxidant acvity of each concentration to be taken by pipette test as much as 0.2 ml of the sample solution with a micro pipette and input into the vial, then add 3.8 ml of solution DPPH 50µm. The compound to be homogeneous and left for 30 minutes in a dark place, the absorption is measured by UV-Vis spectrophotometer at a wavelength of 515 nm.

### I. Determination Of The Dpph Maximum Wavelength Absorption [8]

3.8 ml of solution DPPH 50 µM taken by pipette test and add with a 0,2 ml of methanol. After 30 minutes left in a dark place, absorption solution to be measured by UV-Vis spectrophotometer at a wavelength of 400 – 800 nm.

### J. Data Processing

Antioxidant activity of samples is determined by the size of the radical DPPH obstacle through calculation of the inhibition percentage of DPPH absorption by using the formula:

$$\% \text{ inhibition} = \frac{AbsControl - AbsSample \times 100\%}{AbsControl}$$

#### Description

Abscontrol : The Absorption of DPPH radical 50 µM at a wavelength 515 nm.

Abs Sample : Sample absorption in DPPH radical 50 µM at a wavelength 515 nm.

IC value 50

each sample concentration to be calculated the IC value 50 by using a linear regression equation formula.

## III. RESULTS AND DISCUSSIONS

The extraction is done by maceration because the way is easily done at room temperature and using simple tools in a way the samples soaked in the solvent. The solvent used was methanol because it can dissolve almost all organic compounds in the samples mainly polar compound. Methanol easily evaporate so it liberated from the extract easily, and disposed cheaper compared to other organic solvents. All the filtrate obtained from extraction results to be evaporated with the rotary evaporator so that the strawberries methanol extracts obtained that can be poured as much as 11: 57% (Strawberries from Padang Panjang) and 7.74% (Strawberries from Alahan Panjang) from the initial weight of each.

Determination levels of phenols total used as galat acid as standard solution. The maximum galat acid absorption is obtained at a wavelength 768 nm. By the time the examination of the levels of phenols total strawberries done, firstly made the calibration curve galat acid standard solutions with a concentration series 200-700 mg/l. Making this calibration curve is useful to help determine the levels of phenol in the sample through the equation of regression of the calibration curve. From an examination of the standard galat acid solution the calibration curve obtained by a regression equation  $y = 0.000979x + 0.03455$  and coefficient correlation(r) price that is 0.998. On the determination of the levels strawberries phenolat total from Strawberry extract of Alahan Panjang value obtained 232.6694 mg/L and The levels of Padang Panjang Strawberry Phenolat total extract value obtained 120.3098



mg/l. This value equal to the Alahan Panjang Strawberry phenolat total level 1800.219 mg/kg of fresh samples and Padang Panjang strawberry phenolat total 1392.502 mg/kg of fresh samples. This result shows that the Strawberries originally from Alahan Panjang have phenol total 180 mg/100 g of fresh sample and higher than the Strawberries originally from Padang Panjang with phenol total 139.2 mg/100 g of fresh sample. According to<sup>[1]</sup> strawberries phenol total range between 43-94 mg/100 g of fresh weight and 202-275 mg/100 g of fresh weight.

TABLE I

ABSORBANCE MEASUREMENT RESULTS OF STANDARD GLUCIC ACID SOLUTIONS AT A WAVELENGTH 765 nm WITH UV-VIS SPECTROPHOTOMETER

Glucic Acid Concentrate (ppm)	Absorbance Values
200	0,217
300	0,326
400	0,445
500	0,534
600	0,621
700	0,707

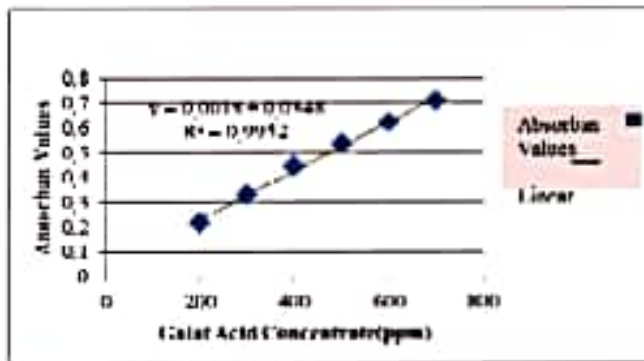


Fig.1 Glucic acid calibration curve in folis-Croales magnif at a wavelength 765 nm

The method used in testing antioxidant activity was radical DPPH absorption method. Measurement of sample antioxidant activity done at a wavelength 515 nm which is the the maximum DPPH wavelength, with concentration of DPPH 50  $\mu$ m. Antioxidant activity of the samples caused discoloration of DPPH solution in methanol that originally strong violet into a pale yellow.

Antioxidant activity of Strawberry methanol extract expressed in its percent inhibition against DPPH radical. Percentage of inhibition obtained from the difference absorbance between DPPH absorbance with sample absorbance that measured with a spectrophotometer UV\_Vis. The amount of antioxidant activity marked by IC 50, that is the concentration of the sample solution is needed to inhibit 50% DPPH free radical. Antioxidant activity Test using the DPPH method of strawberries methanol extracts from Alahan Panjang and Padang Panjang concentration 20,40, 60, 80,100  $\mu$ g/ml, it is obtained IC 50 each 152,9 and 232,6  $\mu$ g/ml. Whereas the value of the IC 50 of vitamin C is 3.63  $\mu$ g/ml to the DPPH 50  $\mu$ M<sup>[10]</sup>. This indicates that Strawberries extract originally from Alahan Panjang have

better antioxidant activity than strawberries extract originally from Padang Panjang. But the antioxidant activity of vitamin C is far higher. Molyneux (2004) Stated that a substance has antioxidant characteristic when the value of the IC50 less than 200 ppm. When the value of the IC50 ranging between 200-1000 ppm, then the substance is less active but still has potential as antioxidant. Strawberry antioxidant activity test results can be seen in table and picture 1.

TABLE II  
STRAWBERRIES EXTRACT METHANOL ANTIOXIDANT ACTIVITY USING THE DPPH 50  $\mu$ M

Compa-Rator	Concen-tration	Absorbance	% Inhibition	IC 50 ( $\mu$ g/ml)
Padang Panjang Strawberry (PP)	20	0,227	0,3204	232,6
	40	0,216	0,3533	
	60	0,213	0,3623	
	80	0,208	0,3772	
Alahan Panjang Strawberry (AP)	100	0,204	0,3892	152,9
	20	0,231	0,4238	
	40	0,230	0,4250	
	60	0,228	0,4300	
Vitamin C	80	0,220	0,4500	3,63
	100	0,210	0,4750	
	2	0,132	20,09	
	3	0,235	42,82	
	4	0,189	54,01	
	5	0,123	70,07	
	6	0,065	84,18	

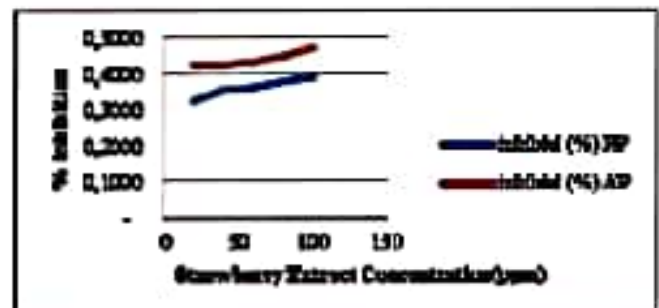


Fig.2 Strawberry extract antioxidant activities curve

#### IV. CONCLUSIONS

From the results of research that has been done can be taken the following conclusions: The methanol extract of Strawberries originally from Alahan Panjang have phenol total 180 mg/100 g of fresh sample and higher than Strawberries originally from Padang Panjang with phenol total 139.2 mg/100 g of fresh sample. The methanol extract of Strawberries originally from Alahan Panjang and Padang Panjang have the ability to muffle DPPH free radical but smaller than the ability of vitamin C (3.63- $\mu$ g/ml). IC 50 value of Strawberry extract originally from Alahan Panjang is 152,9  $\mu$ g/ml whereas IC 50 value of Strawberry extract from Padang Panjang is 232,6  $\mu$ g/ml.

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